

Under-Varsity Timing Rules:

(Big Nine, HVL, 3-Rivers, SEC)

Big Nine:

Junior varsity/B-squad:

- Minimum warm up 10 minutes
- Two 16 minute halves with 5 minute half-time
- Overtime 3 minutes

9th grade:

- Minimum 5 minute warm up between games
- Two games- two 14-minute halves with 5 minute half-time
- One game -two 16 minute halves with 5 minute half-time
- Overtime 3 minutes

HVL:

Junior varsity:

- Minimum warm up 12 minutes –can be shortened by mutual agreement
- Two 16 minute halves with 7 minute half-time
- Overtime 4 minutes

9th grade:

- Two 16 minute halves with 5 minute half-time
- Overtime 3 minutes

Junior High:

- Four 8 minute quarters with 5 minute half-time

3-Rivers:

Junior varsity/B-squad:

- Should 9th grade game end after 6:05 pm, a maximum warm-up time of 10 minutes will be provided
- Two 15-minute halves with a 5 minute half-time
- Overtime 3 minutes

9th grade:

- Two 14-minute halves with a 3 minute half-time
- Overtime 2 minutes, second overtime is sudden death

SEC:

Junior varsity:

- Two 15-minute halves with a 7 minute half-time
- Overtime 3 minutes

9th grade:

- Two 13-minute halves with a 6-minute half-time
- Overtime 2 minutes